



JUNIOR ROOSTERS JOB DESCRIPTION

Sports Trainer

- Reports to the Wellbeing, Education and Junior Pathways Manager on procedural matters
- Reports to the Medical Officer/Team Coach on medical matters
- Make sure your trainers certification is current and up to date
- Make sure you are up to date with concussion protocols
- All concussions take the lead and coordinate with the team manager and Wellbeing, Education and Junior Pathways Manager on the treatment, referral and follow up on that players
- The correct concussion forms need to be filled out in the event of any concussion

Training

- Attend to specific prophylactic needs of players
- Provide treatment and advice on minor injuries arising from training
- Liaise with the coach on injured players progress
- Assist the coach with training drills, skill drills and fitness testing as directed

Game Day

- Attend to specific prophylactic needs of players
- Help set the playing field up and sideline water drums and water bottles
- Assist the coach with the teams warm up
- Assess and manage on-field injuries and welfare of players
- Assist with interchange of players and pass on messages on-field as required
- Ensure appropriate quantities of water, ice and plastic cups are available in the dressing room
- Maintain a clean and hygienic work area
- Assist in medical activities as and when directed by the Medical Officer

Post-Match

- Check players with minor post-game injuries and provide guidance to ensure correct medical procedures are followed
- Report all injuries to the coach and Medical Officer
- Make sure the changing room is left in a clean state
- Assist Gear Steward with the breakdown and packing away of any equipment.

Eastern Suburbs District Rugby League Football Club Ltd ABN 74 522 909 012 Phone (02) 8063 3800 Fax (02) 8063 3810 Web www.sydneyroosters.com.au
Email receptionfootball@sydneyroosters.com.au or sponsorship@sydneyroosters.com.au or membership@sydneyroosters.com.au
Postal Address PO Box 693, Paddington NSW 2021 Street Address MP1 Car Park, Driver Avenue, Moore Park NSW 2021

